

KCPK-LP RADIO broadcasting at FM 106.9

Pine Mountain Club, CA

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September 14, 2019 Saturday Schedule; repeats September 28, 2019

Midnight to 0600: royalty-free music [Podcaster's website](#) ; [Underwriter website](#)

0600-0655: Royalty Free Original Music: 1 hr. program. This show is produced by local musicians, who give their creations royalty free to our community. [Podcaster's website](#) ; [Underwriter website](#)

0655: Sign-on (FM 106.9 in Pine Mountain Club, California)

0700: Royalty Free Original Music: 1 hr. program. This show is produced by local musicians, who give their creations royalty free to our community. [Podcaster's website](#) ; [Underwriter website](#)

0800: PoetsWest: [Podcaster's website](#); [Underwriter website](#) Poems in remembrance of mothers everywhere. Archive 04-19-2014

0830: [PoetsWest](#): [Podcaster's website](#); [Underwriter website](#) Poems on nature and our relationship with nature accompanied by flute music. Archive 06-21-2014

0900: The Magical Mystery Tour: [Podcaster's website](#) ; [Underwriter website](#) In this conversation with Professor Tomas Kalmar, we talk about social media, language, memes and how we are conditioned to react to events, news and politics. Archive 06-17-2018

1000: Full Circle: [Podcaster's Website](#) ; [Underwriter website](#) WOMEN SAVING OUR OWN LIVES - RHODESSA JONES. Archive 03-09-2019

1100: The Spin: [Podcaster's Website](#) ; [Underwriter website](#) This week's THE SPIN talks Trials, Traumas and Tribulations: Injustice in America. Part 1's focus Philando Castile trial and verdict and the killing of Charleena Lyles. Part 2 takes on Bill Cosby and reimagining mistrials. Archive 06-28-2017

1200: Maternally Yours Radio: [Podcaster's website](#) ; [Underwriter website](#) Car Talk. Archive 06-30-2014

1300: Catskill Review of Books: [Podcaster's website](#) ; [Underwriter website](#) The Hollywood version of "The Hotel Rwanda" is even more off-track than most Tinseltown history. Archive 05-17-2014

1330: Catskill Review of Books: [Podcaster's website](#) ; [Underwriter website](#) Talking to Eva Schweitzer about Berlin photo discoveries. Archive 05-24-2014

1400: From the Vault: [Podcaster's website](#) ; [Underwriter website](#) From the Vault invites you to the legendary La Bastille Jazz Club in Houston, circa 1973, for a concert by prodigious trumpet-man and Grammy Award-winner Freddie Hubbard, who played for the benefit for Pacifica radio station KPFT 90.7FM in Houston. Hubbard, at this point in his life, had several decades of classic material to work with at this show - and subsequently delivered to the Pacifica audience a night to remember. Archive 01-26-2012

1500: Progressive Spirit: [Podcaster's website](#) ; [Underwriter website](#) Scott Stabile is the author of Big Love. His inspirational posts and videos have attracted a huge and devoted social media following, including over 350K Facebook fans and counting. A regular contributor to the Huffington Post, he lives in Michigan and conducts personal empowerment workshops around the world. Visit him online at <http://www.scottstabile.com>. In the second half of the show I will speak with Dr. Andrew Budson. He along with Maureen OConnor have co-written 'Seven Steps to Managing Your Memory: Whats Normal, Whats Not and What to Do About It?' Dr. Budson is Professor of Neurology at Boston University School of Medicine. His special interests are Memory, Alzheimers disease, and Dementia. Archive 10-26-2017

1600: Confetti Park: [Podcaster's website](#) ; [Underwriter website](#) Counting Things. Archive 02-01-2019

1630: Writer to Writer: [Podcaster's website](#) ; [Underwriter website](#) Host Judith Cassis provides her own unique teaching approach to provide support and education to the emerging and established writer. The listener will be able to apply the podcast knowledge for various marketing endeavors of their written word in whatever format they choose for publishing. September 2019 Debut week, new show daily for seven days, then repeats.

1700: Royalty Free Original Music; This show is produced by local musicians, who give their creations royalty free to our community. [Podcaster's website](#) ; [Underwriter website](#)

1800: Royalty Free Original Music: 1 hr. program. This show is produced by local musicians, who give their creations royalty free to our community. [Podcaster's website](#) ; [Underwriter website](#)

1900: Peace Talks Radio: The Series on Peacemaking and Nonviolent Conflict Resolution: [Podcaster's website](#) ; [Underwriter website](#) On this edition of Peace Talks, we're going back to elementary and middle school. But first, remember middle school? The intensity, the awkwardness of 6th, 7th and 8th grade. Puberty arrives, school work gets harder, clicks develop, maybe you start dating? Yikes! The growing pains that begin in middle school and intensify in high school often lead to disagreement, conflict and sometimes fighting between young people. We're starting today's show with a focus on youth mediation programs that are designed to help. Host Suzanne Kryder talks with Lily Irvin Vitella - the executive director of New Mexico Center for Dispute Resolution in Albuquerque, New Mexico, and Ellie Dendahl who coordinates a school mediation program in Santa Fe, New Mexico. Also on the panel, Elena Carnes, a high school senior who survived middle school and writes for the Sandia Prep school newspaper in Albuquerque. In Part Two of this program, we'll hear from a 9-year old who's having to deal with someone we all remember from our younger days, the bully. Her stories will drive our conversation with a couple of adult counselors who will offer some tips that can help ease that age-old conflict. Archive 03-25-2019

2000: From the Vault: [Podcaster's website](#) ; [Underwriter website](#) This week on From the Vault we expand our discussion on society's obsession with beauty and how that affects the health and well-being of women - and to a lesser degree men - with two outstanding recordings that search for the roots of this obsession. Archive 05-10-2012

2100: Mueller report: Original recording by KVRU 105.7 FM Seattle, WA [Podcaster's website](#) ; [Underwriter website](#)

2200 to midnight: royalty-free music [Podcaster's website](#) ; [Underwriter website](#)

